

# NEWSLETTER

2017

ISLAMIC MEDICAL ASSOCIATION MALAYSIA (IMAM)

## FROM IMAM's President....

Dear Friends,

Assalamualaikum

All praise belongs to Allah alone, Peace and blessing be upon our beloved Messenger, Muhammad.

We meet again in this newsletter. We would like to share a few of our activities and the events that have been going on in IMAM for the past year. We have engaged in quite a few activities and these activities are summarised:

### Educational Activities: -

We have participated in multiple education programs to promote awareness to the public regarding Dengue, Immunisation and the importance of being healthy during Hajj. This year we will be having our Annual Scientific Conference in Perlis from 29th September to 1st October. The international FIMA conference was held in Istanbul, Turkey in July this year and IMAM had sent a few delegates including 20 students to the Student Camp. Our previous president, Dato Dr Musa Nordin was honoured with the lifetime achievement by FIMA in Istanbul. The President of Turkey, His Excellency Recep Tayyip Erdogan conferred the award.

### Relief activities: -

We are involved in the care of refugees especially the Rohingya and the orang Asli specifically through our relief wing- IMARET. We have also reached out to Syrian refugees and some of the EXCO have visited Lebanon for this reason.

### Rumah Solehah: -

RS has now grown to two houses, sheltering women and children affected by HIV/AIDS. The house continues to be a reference centre



for many in the field of helping these innocent victims of a dreaded disease. Students continue to come and help with the care of the residents as well as to learn empathy with them.

### Collaboration:-

We continue to collaborate with the Ministry of Health, other NGOs (Muslim and non-Muslim) and the state governments in our activities. There is thus a lot of activities that all of us can participate according to our interest.

Please see how you can join these activities relative to your interest. We will be able to continue as long as you volunteer to help us helping those in need in the society.

Wassalam

**Dr Jeffrey Abu Hassan**  
**President IMAM**

## 2016 - 2018 Executive Committees

### PRESIDENT

Dr Jeffrey Abu Hassan

### DEPUTY PRESIDENT

Dr Jamali Wagiman

### SECRETARY

Dr Azlan Helmy AbdSamat

### ASSISTANT SECRETARY

Dr Asma Alhusna Abg Abdullah

### TREASURER

Dr Ahmad Yusuf Yahaya

### EXCOS

Dr Ahmad Munawwar Helmi Salim

Dr Muhamad Yusri Musa

Dr Zaitul Akmal Abdullah Zawawi

Dr Mohd Khamizi Aziz

Datin Dr Aishah Ali

Dr Dalila Roslan

En Ahmad Rashidi Mohamed Tahir

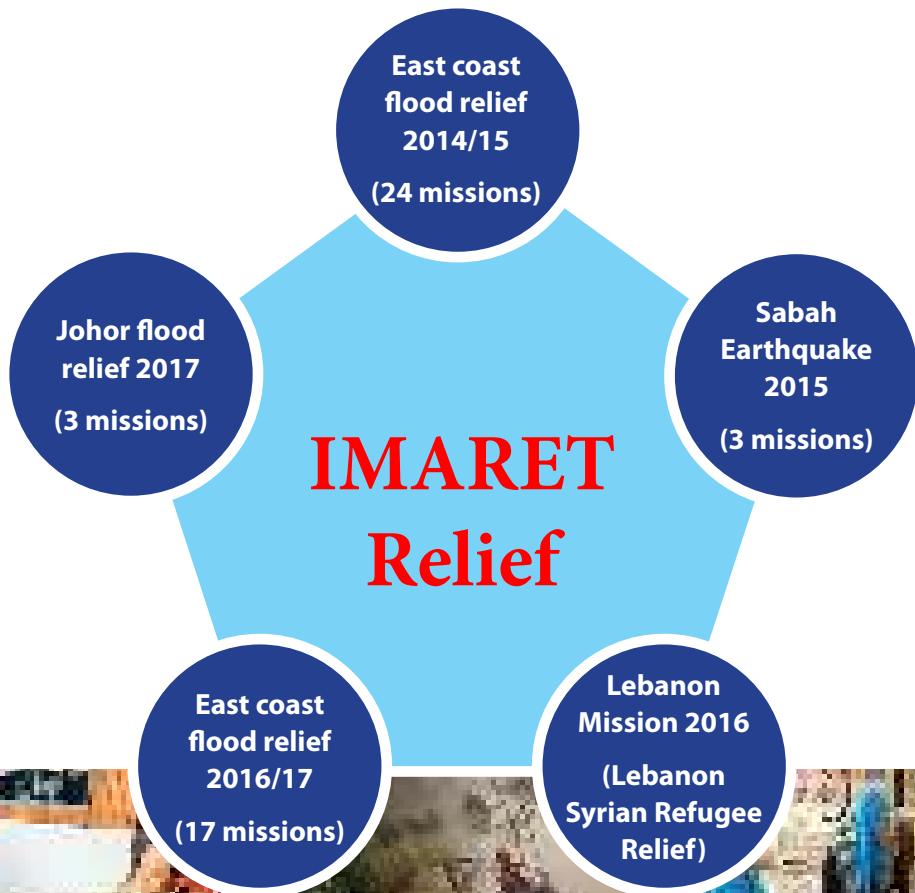
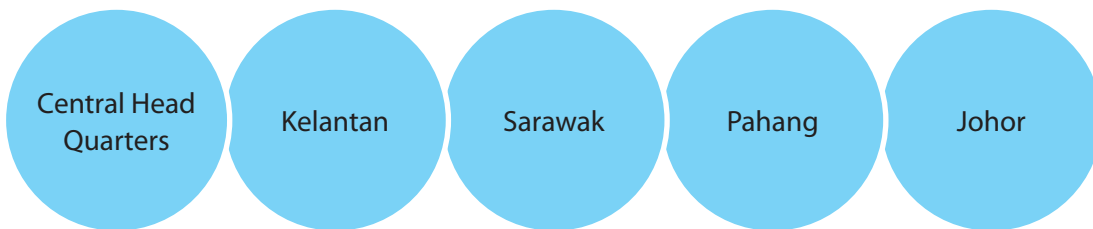
Dr Aneesa Abdul Rashid



IMARET is a team under the umbrella of Islamic medical Association Malaysia (IMAM) formed in December 2014. It is designed to respond to any natural or man-made disasters taking place in Malaysia and internationally.

IMARET had expanded its services to provide relief to non-disastrous areas with the formation of IMARET outreach. Under these programs, IMARET focuses on the marginalised group, such as the Orang Asli in the remote areas of Malaysia and the Rohingya communities living in Malaysia. IMARET relief activities focus on medical, psychosocial, water, sanitation and hygiene (WaSH).

## Our teams



# IMARET 4 Rohingya

Since June 2015, IMARET outreach team has organized regular mobile charity clinics for the Rohingyas living in Kuala Lumpur. This clinic started as a monthly clinic in Selayang, and now has expanded to twice a month in three different locations (Seri Kembangan and Ampang), to reach more people. Since 2017, we have expanded this project to Kelantan and Pahang.

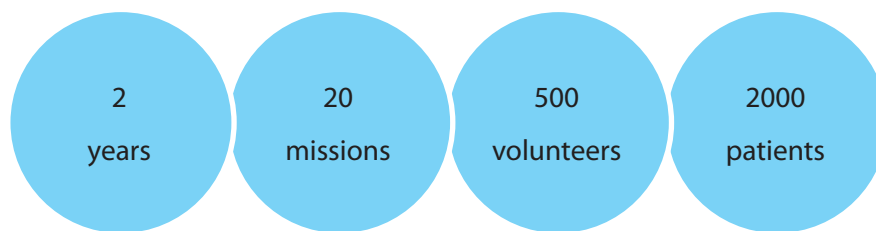
Other than outpatient medical care and basic wound dressing, we have also expanded our services to include dental and eye care services. The smart partnership initiatives with other NGOs has played a key role in making sure this project can continue benefiting the Rohingya refugees in Malaysia.



# IMARET 4 Orang Asli

IMARET for Orang Asli project aims to provide healthcare services focusing on psychosocial and health education activities for the orang asli communities in remote parts of Malaysia. Other than orang asli communities in Peninsular Malaysia, IMARET has expanded this project to Sabah and Sarawak.

IMARET is equipped with our Mobile Outreach unit; a customized four wheeled drive vehicle, fully modified for the off-road condition of the Malaysian tropical rain forest and can be converted into IMARET's field clinic.





If you would like to contribute to our missions, cash transfer to:

**Persatuan Perubatan Islam Malaysia**

**8600703709 (CIMB)**

**562834623415 (Maybank)**

Kindly label your donation as 'IMARET' and notify:

**[imamrelief@gmail.com](mailto:imamrelief@gmail.com)**

## ‘SAFE WATER EVERYWHERE (SAFEWHERE) INITIATIVE’

Malaysia are well known to be rich with water source, however not everyone uses treated water supply especially in rural areas. As per data gathered from World Health Organization (WHO) and The United Nations Children’s Emergency Fund (UNICEF) joint monitoring programme in 2015, 7% (2.1 Million) people in Malaysia still use untreated water for their daily use. It gets worse when natural disaster happens such as massive flood in the state of Kelantan back in quarter 4 of 2014.

SAFEWHERE is an initiative in helping underprivileged communities to get clean water access. Our heavy duty water treatment system characteristic are as follows:

- Treatment process that follow Malaysia Ministry of Health’s standards
- High quality component
- High capacity (up to 35,000L/day)
- Solar-powered
- Fully-automatic (water level sensor)
- Customizable

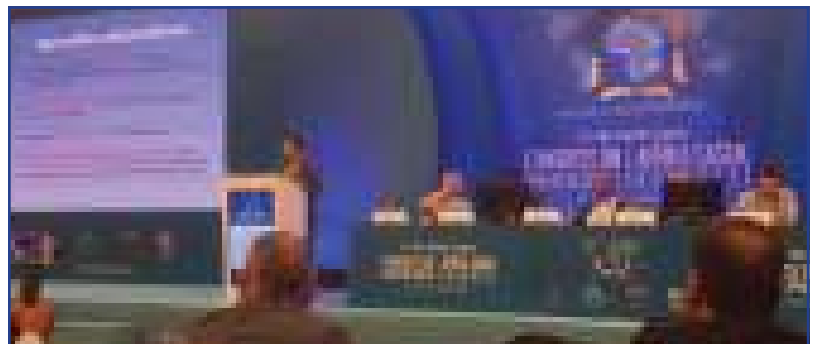


**Picture 1: SafeWHERE System at Dabong, Kelantan**

The first prototype was launched on July 2015 and still running at Kg. Jelawang, **Dabong, Kelantan**. Currently, there are 700 frequent users in nearby villages and 3500 beneficiaries for Dabong District.



Next (picture 2), **SafeWHERE Ulu Tiram, Johor** were launched on April 2017. Specifically located at Kg Ulu Tiram Johor with number of user 30 family of Orang Asal.



**Picture 3: Presentation of Dr. Munawwar on SafeWhere**

On 18th July 2017, the co-founder of SafeWhere Initiatives, Dr. Munawwar has been invited to introduce SafeWhere globally. The 34th Federation of Islamic Medical Association (FIMA) Scientific Congress: Health in Africa, witnessed more than 100 topics discussed. Scientific studies, RCTs, experience sharing all compacted in this short time frame aiming to provide solutions to global problems especially in Africa.

The presentation received many positive responses from the delegates from other countries and some even welcomed the project to be implemented in their country. SafeWhere has been also adopted as one of the projects under FIMA, called FIMA Safe Water. IMAM/Malaysia will lead this project and insyaAllah, implement FIMA Safe Water for the underprivileged communities in other parts of world.



**Contacts | Any inquiries, please reach us at**

**IMAM Response & Relief Team – IMARET**  
B-G-39, Pangsapuri Sri Penara, Jalan Sri Permaisuri 1,  
Bandar Sri Permaisuri,  
56000 Kuala Lumpur

**Attn :**  
Dr. Ahmad Munawwar Helmi b Salim,  
0176587896  
imamrelief@gmail.com



## ISLAMIC MEDIA ASSOCIATION MALAYSIA (IMAM) CHILDREN AND TEENS SUPER (IMACATS) TEAM

**Prepared by: Dr Dalila Roslan**

The establishment of IMACATS team under the umbrella of IMAM on the 12th August 2015 is inspired by the dire need of nurturing Islamic Health concept among our children from an early age. Just look around and we can see, the impact of health issues pertaining to our children and teens are worrying yet many can be prevented if we begin to educate them early.

In handling most of the children and teens health issues, IMACATS values not only the importance of fostering health education but essentially in the importance of blending the Islamic element together as early as we can. We believe this is the element lacking and the answer to all health problems. Hence, this is what makes the establishment of IMACATS unique and of great importance nowadays.

Unlike the adults, in children and teens it is not so much of changing them but molding them. And when we influence the children -we hold the key to the hearts of many adults out there. This is our way of empowering the younger generation as the change agent to themselves, their peers, siblings, and especially to their parents and family.

Similar to many other IMAMS' teams such as IMARET, MOSIT and Student Chapter the establishment of IMACATS aims to provide a platform for anyone to shine best in their niche area. In this case to those especially passionate in helping children, teens and their families. Focus programs, projects and activities involving the younger generation can all be coordinated and carried out under the umbrella of IMACATS.

IMACATS has conducted a Sexual Health Education for teens and their parents. Under the Ministry of Health, numerous programs has been introduced for teenagers such as technical meeting and curriculum on SRH education in the perspective of Islam.

Besides delivering talks in schools and community programs relating to this issue, a project concerning on dengue is also held. This is to ensure a quality development for both Pre-School Dengue Module (Completed) and Implementation of the Pilot Project Dengue Module (Carried out in Oct 2015).

Further to this, with the help of other parties, Teddy Bear Hospital has manage a program which involved 80 to 2150 kids, 100 to 1000 parents and around 30 to 200 volunteers. A few places were chosen to test out this program such as Palm Mall Seremban in Negeri Sembilan, Brainy Bunch Kindergarten in Putrajaya, Tadika Iman Perkasa in Senawang, Negeri Sembilan, Petrosains Playsmart in Kuantan, Tuanku Mizan Mosque, MICF Putrajaya, Mydin Mall in Kuala Terengganu, Grand Ballroom Hotel Grand Riverview in Kota Bharu, Kota Damansara, and Tadika Iman Perkasa in Lavender Heights, Senawang as well as several locations around Kuala Terengganu and Kota Damansara.



*In every TBH organized, we receive amazing participation of volunteers not only from medical backgrounds but from various group all passionate about helping the younger generation.*

IMACATS has also been featured in the mass media. For instance, this program has been aired on Malaysia Hari Ini (MHI) on 14th November 2016. Represented by Dr. Narisa Hatun, the Project Manager of Teddy Bear Hospital in Kuantan, it is broadcasted to promote their program.

Besides that, a press Conference was also held at Grand Ballroom, Hotel Grand Riverview, Kelantan which was attended by 20 different medias from Kelab Media Kelantan Darul Naim (KEMUDI). The biggest coverage for this program was during its publication on Harian Metro, Sinar Harian and Utusan Malaysia.

For further details and information about IMACATS, please do contact us.



*The ongoing programs for parents and family while their kids enter the TBH include CPR demonstration.*

## CONTACT US

Email – imacats2015@gmail.com  
execsecppim@gmail.com

Facebook – IMACATS:  
<https://www.facebook.com/imamchildrenteensuperteam/>

Website:  
<http://imamalaysia.org/wp/>

Call us / WhatsAapp:  
drdollydr@yahoo.co.uk  
+60172955660

For the specific upcoming TBH event kindly contact the TBH Project Director of the particular state

## BEHIND THE SCENES

### Advisor of IMACATS

Dato' Dr Abdul Rahim bin Mohamed

### Chief Coordinator

Dr Dalila Roslan

### Assistant Coordinator I

Dr Zaahirah Mohammad

### Ass Coordinator II

Dr Azlan Helmy

### Secretary

Dr Aneesa Abd Rashid

### Treasurer

Dr Ahmad Yusuf

### Equipment/Logistics

Dr Munawwar Helmi

### Sports & Recreation

Dr Ahmad Fazly Abd Rasid

### Promotion

Dr Tengku Amatullah

## IMACATS TEDDY BEAR HOSPITAL PROGRAM

### TBH Coordinator/Project Director HQ

Dr Dalila Roslan  
(0172955660)

### TBH Project Director NEG SEMBILAN

Dr Zaahirah Mohamad  
(0176120180)

### TBH Project Director KELANTAN

Dr Siti Afifah Manas  
(0199578590)

### TBH Project Director TERENGGANU

Dr Erma Farhana  
(0132519274)

### TBH Project Director PAHANG

Dr Narisa Hatun Damanhuri  
(0192575292)





Among the media coverage TBH has received ever since it was introduced.



The teddy bear hospital consists of a few stations that kids will go through. Among the common stations are Teddy sees Doctor and Teddy gets fixed.

We do not stand alone, in most of our TBH events; we have collaborated with many sectors including UM Cares, MIMPA, Health district offices, hospitals, FnN, universities and many more.



## NURSING AMONG MUSLIMS by Datin Dr Aishah Ali

Nurses make up the largest group in health care occupation worldwide. In America alone, a registered nurse to other health care occupations ratio is about three to five. Currently Malaysia has over 100,000 nurses. Nursing is a profession focused on assisting individuals, families, and communities in attaining, re-attaining, and maintaining optimal health and functioning. Modern definition of nursing defines it as a science and an art that focuses on promoting quality of life as defined by persons and families, throughout their life experiences from birth to the end of life care.

Nursing in Islam was established long before, if not at the same time as the birth of medical scholars and Islamic medicine. Deeds related to the work of Muslim to help the needy are narrated in Hadiths and the Holy Quran. Muslim nurses were involved in or played a role as social workers, resource persons, community services, and missionaries in the spread of Islam.

Historically, the nursing profession started in the Muslim world during the Prophet's (pbuh) time. Al-Razi, a known physician during ca. 854 C.E. – ca. 930 C.E suggested that care delivered by physicians should be also nursing orientated. Al -Razi himself is a compassionate person who himself provided nursing care to his patients. Female nurses at that time were referred to as "AlAsiyah" from the verb, aasa, meaning curing the wounds.

Despite limited documentations, Rufaida Al-Asalmiya, was identified as a practicing nurse long before Nightingale, a western nurse that is known as the founder of modern nursing. Rufaida provided care to injured soldiers during the in battlefield, as well as provided shelter from the wind and heat of the harsh desert to the dying.

In addition to providing nursing care, Rufaida was also the leader and founder of the first school of nursing in the Islamic world, although its location has not been reported. Rufaida advocated for preventative care and recognized the importance of health education. She not only trained a group of women to become nurses, she also became involved in social work within her community. The Prophet Mohammed (Pbuh) gave permission for her to erect a tent within a mosque and deliver health-related teachings to the community she served (Al-Osimy, 1994). Rufaidah practiced as a nurse within the Islamic boundaries which included segregation of genders, modest dressing for women in both public and private life. She was a model nurse for Muslims throughout the world, particularly known for her piety.

Today, Muslim world are becoming more distanced from the true nursing profession. It is not the occupation of choice for many, though the need for their services particularly in the Muslim world is undeniable.

Nursing was started by the Muslims in the Muslim nations who work hand in hand with the greatest leader of Islam. Muslims worldwide need to positively view nursing as a noble profession and provide support to women and men who choose nursing as a profession of choice. Through nursing, Muslim nurses are not only serving the ummah but are helping in the spread of Islam. This is what is advocated by our Nursing Chapter in the Islamic Medical Association of Malaysia (IMAM).



*Nurses slot during 19th IMAM Annual Scientific Conference 2016 in Alson Klana Hotel, Seremban.*



*Discussion among nurses to bring the profession forward.*

## DENTAL CHAPTER IMAM

### Meeting between IMAM and IDAM

28th December 2016, an initiative to establish cooperation between IMAM and IDAM (Malaysian Islamic Dental Association) in enhancing the health of the Rohingya community holistically took place in Faculty of Dentistry, Universiti Kebangsaan Malaysia.



### Selayang Rohingya Dental Clinic

On 1st January 2017, 20 volunteers (3 dentist and 17 dental students) from UKM and UIA offered their services to help those in need in Rohingya Selayang Dental Clinic.

74 patients underwent screening and will be referred to the dental team of the Malaysian Islamic Dental Association (IDAM) for follow-up treatment

Malaysian Dental Association of Malaysia has conducted all the operations in Rohingya Selayang (Dental) Clinic since January 2017 as they have complete equipments.

## COMMUNITY SERVICE PROGRAM

### Stage 1

25th August 2016, Hygiene Care Hey Day (Together with UEM Edgenta) was held at Native School Stage 1 (Dengkil) involving 11 volunteers (3 dentists and 9 dental students).



### Stage 2

On 27th September 2016, there were 9 volunteer involved in organizing 2nd Stage of Hygiene Care Hey Day (Together with UEM Edgenta) at Native school of Stage 2 (Dengkil).



# FIMA YOUTH SUMMER CAMP 2017



Figure 1: Malaysian Delegates at the Fima Youth Summer Camp 2017

## INTRODUCTION

The Prophet SAW once said, "Be in this world as though you were a stranger or a wayfarer." Through the travelers' eyes, may we see all the Mighty Creations of Allah SWT. Through those eyes, may we discover and learn from different colors in people around the world, deepening our bonds together in faith and understanding. That is the essence of the FIMA YOUTH SUMMER CAMP 2017 (FYSC17), gathering youths from 30 different countries, with

400 delegates who are from the medical and allied health science students/graduates.

The main aim is bringing together these young health-care professionals who have demonstrated leadership based on their volunteer work to focus on global health problems and solutions, robust and solution-oriented information and improving academic, social and cultural relations in the future.

## EXPERIENCES

This year, it was held at the Land Of Caliphates, Türkiye . What we experienced there, Alhamdulillah, changed our lives forever. Duration of the camp was for a week with many interesting programs and activities conducted. The camp for the women delegates was held at the beautiful and serene Kocaeli Resurrection camp while the male's camp was located at the Tuzla Belediyesi camp area.

During the one week of togetherness, participants got to know each other through various social activities. They had the opportunity to learn about the geographies and the historical figures who were active in the formation of Islamic civilization, local traditions, and those who shaped the Islamic thought. With the experiences and ideas of participants from all over the world, we aimed at creating the Ummah awareness and spirit through these activities.

The first day of the camp consisted of the welcoming and the introduction activities to set our goals and expectations. All discussions, presentations, sports or social activities that took place for the rest of the camp were considered within the framework of our various cultures, the Islamic civilization and the Islamic thought. We ended the week with a cultural tour of Istanbul and the Istanbul Meeting, attended by the entire FIMA family.

We were indeed privileged to be in the presence of respected speakers from all over the Muslim world who shared their views and perspectives in addressing the role of young Muslim healthcare professionals, the background sharing of FIMA as well as the roles of Turkey and Hayat Foundation. They also brought up the issues faced amongst the youths and an interesting discussion on Islamic Civilisation.

## SEMINARS

Among the impactful messages was relayed by Dr Mehmet Dinc, a clinical psychologist entitled "Youth: Problems and Solutions"(Türkiye). He talked about two problems that are troubling the youth. Firstly, many youths are faced with the confusion about life and the fixation for other people. Confusion may arise from having too much irrelevant information that we forget to focus on ourselves as we are too busy observing others which results in envy and lower self-esteem. He also encouraged the participants to ask relevant questions to oneself such as what is your aim in life, where will you be in five years and how will you achieve your goals. The answers to all these questions should always be related back to Allah SWT.

Choosing the right friends is another important factor. Even our beloved, prophet, Rasulullah SAW said in an authentic Hadith: "A person is likely to follow the faith of his friend, so look whom you befriend." In another

Hadith, Prophet Muhammad SAW said: “The example of a good companion and a bad companion is like that of the seller of musk, and the one who blows the blacksmith’s bellows. So as for the seller of musk then either he will grant you some, or you buy some from him, or at least you enjoy a pleasant smell from him. As for the one who blows the blacksmith’s bellows then either he will burn your clothes or you will get an offensive smell from him.”



Figure 2: Dr. Mehmet Dinc Giving a Talk during the Seminars

## TALENT SHOW

The Malay traditional choral singing or chant was what the Malaysian Female Delegates chose to perform on the Talent Show night. Even weeks before the camp, we put our extra effort into the performance, not only dikir barat came to our mind, we thought of doing zapin and reading beautiful Malay literatures. I preferred the term cultural show rather than talent show because mainly all of us were displaying the culture of our country. It was an unexpected real-life scene. My love towards documentary programs have opened my eyes to the world’s treasuries, some of these cultural performances were what I saw only in the documentary shows, never once I expected to witness them in live performance – at least not in the meantime. The experience was beyond great.

A shout-out to all the beautiful cultures in the world!

## SPORTS & ARTS

For this four extraordinary days, in the morning, we had gain a tremendous amount of knowledge to be splendid medical workers. To balance with the practical knowledge gained, we played various sports and games during the evening to maintain a strong body and a healthy lifestyle.

One of them was ‘mangala’, a Turkish traditional game. What surprised us was that this game was so similar to ‘congak’ with slightly different rules. Not only we shared the same religion but we also had some similarities in our traditional game. Did our ancestor meet before? Well, that’s an imagination.

Abu Huraira reported that: The Messenger of Allah, peace and blessings be upon him, said, “The strong believer is more beloved to Allah than the weak believer, but there is goodness in both of them. Be eager for what benefits you, seek help from Allah, and do not be frustrated. If something befalls you, then do not say: If only I had done something else. Rather say: Allah has decreed what he wills. Verily, the phrase ‘if only’ opens the way for the work of Satan.”



Figure 3: The Malaysian Female Delegates with Two Singaporean Sisters after the “Dikir Barat” Recording



Figure 4: Malaysian Students Playing “mangala”



Figure 5: Turkish delegate (left) and Bangladeshi delegate (right) competed in the ‘Mas’ wrestling



We also learned how to shoot arrows. Turkish archery was different from others as they used the “thumb draw”. To our amazement, the instructors that taught us were amazing ladies who represented the state in archeries. This shows that the hadith mentioned above referred not only for men but also for women to be strong believers. As an amateur, shooting arrows was indeed challenging. However, it was a memorable moment when I got to shoot one from the three trials given.

## **BRAINSTORMING**

We were divided into groups of 10 peoples that consist of all countries. There were Turkish representative facilitators who guided the group discussion.

We discussed on the major problems faced by every country. The communal problem discussed was the lack of job opportunities for fresh graduates after graduating. Mostly all of the countries are facing the same problem, except for Saudi Arabia. They have a lot of jobs opportunity as their government has provided. Other issues discussed in the male’s camp were related to the social and the religious aspects of the Muslim youths such as the premarital intercourse, procrastination and the lack of Muslims who are practicing Islam. The delegates of the colorful background were able to share their point of view in handling the issues during the discussion based on the experience, progress and even successful interventions done in their respective country.

These insights have changed my perceptions in life. We should keep on learning and seeking knowledge to improve ourselves. Be the change that we want to see. The youths must open their eyes to the real problems that are affecting Muslim youths everywhere. For youth to revive, there must be an awareness for change.

The apparent advantage of the brainstorming session was the inclusion of ideas from delegates all over the world. The issues that mildly exist in one country could be a major concern in another country. For instance, the subject of homosexuality is unfamiliarly heard in countries such as Afghanistan but is gaining an underground popularity in Malaysia unfortunately.

## **CONFERENCE & WORKSHOP**

With Istanbul Meeting, the aim to provide a platform for young professionals to brainstorm and share perspectives on areas which the Muslim community needs update and advancement was achieved. The areas that were being prioritized and discussed in this meeting were as follows:

- Waste in the healthcare
- Evaluating the impacts of humanitarian aid
- Healthy gender identity development
- Refugee and migrant health
- Modern medicine vs traditional & complementary/ alternative medicine
- Elderly health care
- Inequity in health care
- The environmental crisis
- Confidentiality in physician-patient relationship

While discussing these topics in the workshops, some of the issues allowed us to reach a common idea and demonstrate how hard it is to reach that. But in the end, we learned to open our minds and let our ideas flow, discussed different perspectives and learn how not to judge one another. Since we are all from different parts of the world, cultures and norms will vary with the geography itself. Yet, since we are the members of both scientific and the Muslim community, we got to integrate Islamic, scientific and ethical approaches in guiding us through discussions. And finally, we also got to develop a brotherly communication during the camp and the meeting and we would use this bond as a base for further international collaborations like FIMA youth.



## CONCLUSION

Was the programme impactful and beneficial for the participants? Yes, from a personal point of view I absolutely feel the impacts it left behind from the critical discussions and the energetic gatherings. I cannot claim what I experienced represented what every participant thought, but I honestly felt different as I returned to Malaysia. I still remembered how fun it was to be in a truly diverse group of people, knowing each other, sharing the stories, the pride and regret of our own people. We became more aware of and thankful for the privileges that our nation is bestowed. By participating in this camp, I came to realize the importance of having good networks in the local and the global stage. Plus, as a potential Muslim healthcare professional I aim to contribute optimally to my community and the ummah at large!



Figure 6-10: Pictures of Malaysian Delegates during the one-week FIMA Youth Summer Camp 2017

## Secretariat Hospital Dakwah & Half-way Home under Majlis Agama Islam Selangor (MAIS)

**Reported by: Dr Abd Rahim Mohamad**

Selangor Islamic Religious Council (MAIS) which is Selangor state-government agency for Islamic affairs has a section under its Social Development Division that register all Islamic Non-Government Organisations (NGO-i) in the state that support directly/indirectly MAIS programmes and activities and also provides funding to these NGOs to carry out their programmes and activities.

The main organisations involved under the Cluster of Hospital dakwah and Half-way Homes are:

- i. Persatuan Sukarelawan Islam Hospital Selangor (Sahabat Hospital Selangor)
- ii. Persatuan Sahabat Pusat Perubatan Universiti Malaya (Sahabat PPUM)
- iii. Islamic Medical Association of Malaysia (IMAM)

These 3 NGO-i together with MAIS or Jabatan Agama Islam (JAIS) staff will visit hospitals and institutions such as the orphanages, old-folk homes and Muslim HIV rehabilitation centres to do ziarah and befriend the occupants, council them and make doa' for them at our departure. Usually the team will prepare a simple gift to be given to the occupants selected by the institutions – usually about 100 goodies to be distributed at each visit.

This common activity under MAIS/JAIS actually taught us- IMAM members, another dimension of 'caring' to the people out there in the hospital, orphanage or old-folk homes. Our medical disciplines taught us the aspect of management of the 'case' and under IMAM added the caring aspect as ordained by Islam. By looking from psycho-socio-economic aspect of those staying at these institutions had humbled us of what is the reality that are happening around us. It is time that we should look into our society and the need to instill the sense of responsibility of children to the siblings, parents and near relatives.

## Updates on Rumah Solehah

4 students from Universiti Tunku Abdul Rahman will teach residents and home base cases on soap making and the marketing strategies.

Hospital Sg Buloh and JAKIM have involved staff and residents on 2 workshops on motivation and issues pertaining to Human ImmuHIV.

Rotary Club has donated a water filter.



Among the activities held in the last 2 years(2016-August 2017) are as follows:

**Year 2016.**

- 12<sup>th</sup> January - Meeting of Secretariat at JAIS in Shah Alam
- 11<sup>th</sup> February. - Ziarah Ukhwah to Hospital Selayang
- 20<sup>th</sup> March. - Training of Trainers Course for Hospital Dakwah volunteers at Masjid Negeri Shah Alam
- July - Meeting of Secretariat at Baitul Naim, Klang
- 17<sup>th</sup> August. - Ziarah Ukhuwah National Cancer Institute(IKN) Putrajaya

**Year 2017**

- 15<sup>th</sup> January - Meeting of Secretariat Dakwah Hospital
- 18<sup>th</sup> February - Seminar Medical Fiqh and Ziarah Mahabbah patient care at Hospital Selayang co-organized with MURSHID
- 14<sup>th</sup> March - Ziarah Rumah Nurhati, Bukit Indah , Ampang
- 1st – 4th April - Mahabbah visit to Hospital Ar Rasyid and Pusat Asuhan Mutia in Palembang, Indonesia
- 12<sup>th</sup> July - Ziarah Hospital Kajang.
- 16<sup>th</sup> August - Secretariat meeting in JAIS, Shah Alam.

In almost all government hospitals in Selangor State, the Sahabat Hospital Selangor have their members organising their usual activity of helping patients from different religion or racial background, for their needs, welfare and counseling/spiritual support. Likewise Sahabat PPUM in University Malaya Medical Centre (PPUM). IMAM members are encouraged to join their activity to learn and gain new experience and to support them at times as we are under the same umbrella in NGO-i under MAIS-JAIS Programme.



# MENINGOCOCCAL DISEASE AWARENESS CAMPAIGN LAUNCH

**PJ HILTON HOTEL, PETALING JAYA  
- JULY 13, 2017**

Islamic Medical Association of Malaysia (IMAM) was given the opportunity to collaborate with The Immunise4Life programme to launch the 'BawaPulangBarakah, ElakMudharat' (Bring Home Blessings, Avoid Harm) campaign with the support of GlaxoSmithKline Pharmaceutical Sdn Bhd.

The campaign launch, which was held on July 13, 2017, was officiated by Dr Jeffrey Abu Hassan, President of the Islamic Medical Association of Malaysia. The campaign features an array of educational tools, including an online video, informative leaflets, clinic posters and informative posts on [www.facebook.com/immunise4life](http://www.facebook.com/immunise4life).

Over 30,000 Malaysians are expected to perform the Hajj in Makkah this year. This mass gathering, which involves millions of pilgrims from all over the world, can increase the risk of contracting potentially fatal infections, such as invasive meningococcal disease (IMD). Thus, the campaign aims to educate people about the disease and how they can protect themselves from it.

The event started off with a short speech by Datuk Professor Dr Zulkifli Ismail, Technical Committee Chairman of the Immunise4Life (IFL) programme followed by another speech by Mr Ramil Burden, Vice President and General Manager of GlaxoSmithKline Pharmaceutical SdnBhd Malaysia.

Former head of the Tabung Haji Medical Team in Makkah, Dato' Professor Dr Abdul Razak Abdul Muttalif then gave a very beneficial presentation on the disease and how to get protection from it. Dato' Razak stressed that vaccination is an effective way to help preventing meningococcal disease and he reminded that good health and physical capabilities are the keys to performing Hajj in the best way possible.

IMAM President, Dr Jeffrey Abu Hassan continued with his brief speech and later launched the campaign alongside Datuk Professor Dr Zulkifli Ismail, Dato' Dr Abdul Razak and Mr Ramil Burden. The event ended with a media Q&A session.



*From left: Dato' Dr Abdul RazakMuttalif, Datuk Dr Zulkifli Ismail, Dr Jeffrey Abu Hassan & Mr Ramil Burden launching the campaign.*



*IMAM President, Dr Jeffrey Abu Hassan giving his speech*



*Datuk Dr Zulkifli Ismail giving his speech as Chairman of Immunise4Life Technical Committee*



*Dato' Dr Abdul RazakMuttalif presenting his lecture on meningococcal disease*

## ‘PENYAKIT PNEUMOKOKUS DICEGAH, IBADAH TERPELIHARA’



Hundred thousand of Malaysians join million others from around the world to perform Hajj and Umrah each year. An ibadah that forms one of the pillars of Islam, a blessed journey and one that Muslims look forward to. Nonetheless, we as the healthcare providers also recognise that the congregation of millions of individuals in Makkah during Hajj & Umrah increases pilgrims’ risk of developing potentially deadly diseases such as pneumococcal disease.

Pneumonia is the main cause of hospitalisation among pilgrims during the Hajj season and considerable number of cases were attributable to *S. pneumoniae* bacteria. Despite pneumococcal vaccination being recommended by the Ministry of Health Malaysia and Tabung Haji for the pilgrims, the uptake among Hajj and Umrah pilgrims is still sub-optimal.

In the spirit of promoting health and well-being among the pilgrims, the Islamic Medical Association of Malaysia (IMAM) with the support of MSD are organising “Pneumokokus Dicegah, Ibadah Terpelihara” campaign, a community education program to increase awareness among the pilgrims on pneumococcal disease and its prevention.

The campaign kicked-off with a seminar series for the General Practitioners (GPs) in six states (W.P Kuala Lumpur, Kedah, Johor, Kelantan, Terengganu and Sarawak). Conducted from July 15 to August 11, 2017, the seminars aimed at encouraging GPs to actively advocate vaccination to the pilgrims. Other campaign activities include media interviews on TV Al-Hijrah and Sinar FM prior to the Hajj season, the distribution of educational leaflets and posters at participating GP clinics as well as the publication of educational video on social media for Umrah season.



*In-clinic poster, part of the campaign education materials*



*Dr Zakuan was giving his talk at Johor Bharu seminar. Dr Kamarul & Dr Faidhi both presented at the KL seminar.*



*Dr Suhazeli & Dr Kashfi during the Q&A session after their talks at the KT seminar*

# Green Crescent Malaysia



*Cycling Against Addiction by Green Crescent Malaysia at the KL Car Free Morning, 5th March 2017, in conjunction with Green Crescent Week.*

## **A new non-governmental organization fighting against addiction in Malaysia.**

Addiction is a major problem in Malaysia and worldwide. It affects the family unit, society and country in many aspects. Addiction can be divided into substance addiction which includes cigarette, alcohol, methamphetamine, cannabis, heroin and hallucinogens; and behavioural addiction which includes internet gaming, gambling and pornography. There are many factors that contribute towards addiction. These include peer pressure, family problems, mental health problems and many more.



*GCM Committee 2016-2018*

## **International Federation of Green Crescents (IFGC)**

- GCM is a member of IFGC
- IFGC has 34 country members
- Addiction is a worldwide problem hence a worldwide collaboration is essential
- First week of March is celebrated as Green Crescent Week.





## Prevention efforts

GCM focuses on prevention efforts especially among children and youth. We believe the younger generations need to be informed of the dangers of addiction at an early stage so they may make informed decisions about trying on an addictive substances or addictive behavioural activity. They also need to be introduced to the idea of a "healthy, balanced lifestyle" that encompasses the bio-psycho-social-spiritual aspect.



## GCM Runningman 2016

On 17th September 2016, GCM had an event in conjunction with Malaysia Day. Games, activities, booths and talk related to addiction. Kids learn the fun way.

## Talk on Addiction at SJK Bestari Jaya

Almost 200 students from Standard 4,5 and 6 of SJK(T) Bestari Jaya gathered for a fun and interactive session on understanding addiction, types of addiction, its dangers and how to live a healthy life. Prizes for the quiz were sponsored by Staedtler Malaysia.



## Facebook page:

Green Crescent Malaysia  
mygreencrescent@gmail.com  
1-2, Jalan Putra 3, Taman Putra Kajang,  
43000 Kajang, Selangor, Malaysia

## Support Green Crescent Malaysia and be a member!

- Officially registered with Registry of Societies on 11th May 2016
- Membership is open to all Malaysians
- Minimum age is 18 years old
- Interested to work together to fight addiction

## Editorial Team

**Editors :** Zaitul Akmal Abdullah Zawawi, Tasneem Mohd Yunus, Nur Anis Rameli

**Proof Readers :** Aneesa Abdul Rashid, Nur Afiqah Izzati Abdullah Zawawi, Saufiah Ab Talib

**Designer :** Ahmad Ubaidah Azmi

To join, please fill up the membership form at:

<https://goo.gl/forms/KIHmjaFbhYbn48df1>

For payment of membership fee or donation, kindly refer details below for our bank account:

Maybank Bdr Sri Permaisuri branch

Account no: **564762311392**

